

**NOW OFFERED BY CROSSROADS COUNSELING:**



# HEALTHY RELATIONSHIPS & PARENTING PROGRAM

**12-WEEK OPEN-ENDED PROGRAM**

INDIVIDUALS & COUPLES MAY ATTEND / CO-ED

**INSURANCE BILLABLE**

**\$20 PER SESSION OR BILLED TO INSURANCE | CALL 502-370-7229 TO SCHEDULE INTAKE**





CROSSROADS  
counseling

*We're here to help.*

### TOPICS INCLUDE:

- Domestic Violence
- Parenting/Co-parenting
- Developmental stages
- Coping with Trauma
- Relational intimacy
- Handling stress/anxiety
- Managing anger
- Conflict Resolution
- Boundaries/codependency
- Personality differences
- Empathy & listening skills
- Substance Abuse
- Sexual Health
- Therapeutic resources
- Psychopharmacology topics
- Dating 101
  - Introducing kids to new relationships
- Blended families

### CONTACT US TODAY TO LEARN MORE:

502-370-7229

**[crossroadscounselingky.com](http://crossroadscounselingky.com)**

#### GEORGETOWN

1236 Paris Pike

\*Open Monday - Friday by appointment

#### LEXINGTON

*At Blue Waters Assessment & Testing office*

409 W New Circle

\*By appointment only